

# East of England PCC, SiC and Neonatal ODNs

## Psychological First Aid for Peer Support in Hospitals

Various dates—see website



Everyone working in the challenging environment of the NHS cares about the psychological welfare of their teams and colleagues. This course will provide delegates with the skills and knowledge to offer practical help and support to individuals and teams who have experienced a traumatic incident or on-going situations in their work and are struggling with their reactions to such events. The course will be very participative, with plenty of opportunity for delegates to share their own experiences and learn from the experiences of others. The course will present practical skills for dealing with a variety of situations and some opportunity will be offered to discuss the use of the skills using case studies in small groups. Our trainer, Gerry Jackson, is a practical and interactive trainer who has extensive experience in working with the NHS, including Health Education England, ESNEFT and a variety of other hospital trusts, for whom he has provided training in Psychological First Aid for staff and staff support during the Covid 19 Pandemic.

We are pleased to announce we will be offering this one day on-line training course for staff in the region at no cost, places are very limited and are offered to those working in a senior decision making role & who are involved in the provision of staff support in their trust. (Please note there is a fee for non attendance or cancellation less than 72 hours in advance of £50)

For dates & to book please visit our website: <https://www.eoeneonatalpccsicnetwork.nhs.uk/events/>

For all other enquiries please contact: [add-tr.eoepccodn@nhs.net](mailto:add-tr.eoepccodn@nhs.net)



**Full joining instructions will be sent out 1 week prior to the event.**

