

CARE COORDINATOR & AHP NEWSLETTER



Round up of 2022

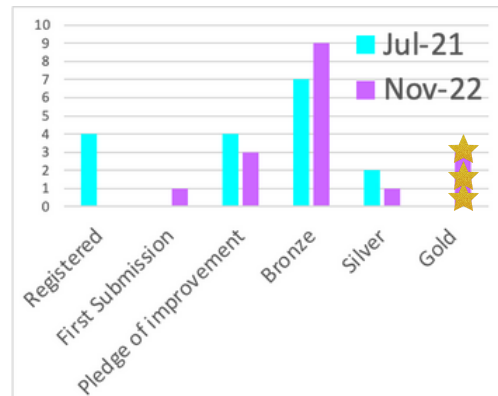
The first full year the Care Coordinators were in post has been amazing for us. We were lucky enough to be joined by Jemima (our wonderful administrator), Nina and Amanda (our amazing feeding advisors).

We have built relationships with our PAG (parent advisory group) and all of the units within the EoE, met so many new people and have hopefully started to raise more awareness of our Neonatal population and their families.

The past year has remained challenging for everyone with COVID still having a lingering impact but the sheer determination to provide our families with the best possible experience whilst on their journey has been so evident.

THANK YOU! for all of your hard work and wonderful things you have done for all our families over the past year and we can not wait to see what you have in store for 2023.

Bliss Baby Charter (all units have now submitted)



BFI everyone is now registered and on their way to stage 1



Some of the wonderful achievements across the region in 2022.





Did you know we have a Parent advisory group (PAG) for the EoE. We are always looking for more members and representation from all of our units. Here is a bit below which explains a little about the PAG and what they do. We are also in the process of developing NVP's (Neonatal Voices Partnerships) or integrating with the MVP's (maternity voices partnership) to become MNVP's (Maternity and Neonatal voices). We totally understand that is a big and confusing mouthful, but put simply it means we are gaining more service user voices for our Neonatal families and we want more, we can only increase our numbers with support from all of you!! Therefore if you know a family who would be interested in joining any of the above, please speak to us or your lead nurse or direct the families to the ODN website where they can contact the PAG directly.

Emily Gorrod-Smith (Former PAG chair) has very kindly written a little piece about PAG.

The East of England Neonatal Parent Advisory Group (PAG) is a group of parents & carers who have used neonatal services in the past. We represent the views and experiences of families whose babies are cared for in a neonatal unit and we play a vital role in driving forward improvements and changes in neonatal care in the region. We meet quarterly, usually online but are hoping for some in person meetings in the future. By using our voice at network level, we hope we can improve future families experiences of neonatal care across our whole network.



Our members care about families going through neonatal journeys because we've experienced first-hand what a difficult environment it is and recognise those things that can really support families during this time. We are passionate about Family Integrated Care (FiC) because of its power to improve not only the neonatal experience but also the lifelong benefits it brings for the babies and their families. We all experienced elements of FiC during our journeys and those were the best moments. We want to enable all families to not just experience elements of FiC but for it to be embedded into all of the care that they as a family & their babies receive. Ultimately, we want families to be recognised as the primary carers that they are and to truly be partners in care, fully involved in both the decisions about and delivery of their babies care. We want to partner with Health Care Professionals to enable this culture shift and this collaboration will bring positive results for both families and neonatal staff.

We are keen to build our membership, ideally having a PAG representative for each unit in our network. We welcome members from all backgrounds and experiences and who identify as parents or carers including mothers, fathers, birthing parents and non-birthing parents or partners. We are particularly interested in hearing from parents & carers who are from the following underrepresented communities: young parents/carers, working-class backgrounds, care leavers, those with physical health/disability or sensory impairments, and those from the LGBTQIA+, and Black, Asian and minority ethnic communities or traveller communities.

For more information including finding out how to become a PAG member, please email EoENeonatalPAG@gmail.com

Or you can find out a little bit more about our work:

www.eooneonatalpccsnetwork.nhs.uk/neonatal/parents-carers/

We are pleased to welcome Kelly Phizacklea as the new PAG chair.



YOU said

WE Did



The parent passport isn't used as widely as should be and that some of it is not relevant to all families.

The parent passport is on the ODN website in a digital format so that families and staff can download relevant sections and individualise the passport to each family.

You are having trouble catching everyone up on the in house 2 day BFI feeding update.

The feeding study days held as part of the TC module can be accessed as stand alone training days and count as the 2 day update.



Below is a table of future Neonatal Study Days, to book follow the QR code.

Day	Date	Month	Meeting	Venue	Time
Wednesday	1	March	Leadership Course-Spring	Virtual	12:30-14:30
Friday	3	March	FiCare-TC	Virtual	09:30-15:30
Tuesday	7	March	Neuroprotection-HIE	Arthur Rank	09:30-15:30
Wednesday	8	March	Leadership Course-Spring	Virtual	09:30-11:30
Wednesday	22	March	Leadership Course-Spring	Virtual	14:00-16:00
Tuesday	18	April	AHP Day	Hexagon Room	09:30-15:30
Wednesday	10	May	Educator	Virtual	09:30-15:30
Tuesday	6	June	Bereavement	Virtual	09:30-15:30
Thursday	8	June	FiCare-Communication	Virtual	09:30-15:30
Tuesday	20	June	Feeding Study Day	Virtual	09:30-16:00
Tuesday	4	July	Neonatal Emergency Skills	Belfry	09:00-16:00
Tuesday	5	September	Foundation of Developmental Care	F2F TBD	09:30-15:30
Tuesday	12	September	BFI Day 1	Virtual	09:30-16:30
Friday	22	September	Cardiac	Virtual	09:30-15:30
Tuesday	26	September	BFI Day 2	Virtual	09:30-15:30
Wednesday	4	October	Leadership Course-Autumn	Virtual	
Thursday	5	October	Nursing Skills	Arthur Rank	09:00-16:00
Tuesday	10	October	FiCare-TC	Virtual	09:30-15:30
Wednesday	11	October	Leadership Course-Autumn	Virtual	
Tuesday	17	October	Neonatal Clinical Skills	Kings Lynn	09:00-16:00
Wednesday	1	November	Leadership Course-Autumn	Virtual	
Tuesday	7	November	FiCare-Communication	Virtual	09:30-15:30
Wednesday	8	November	Leadership Course	Virtual	
Tuesday	14	November	Neuroprotection-Preterm	Virtual	09:30-15:30
Wednesday	15	November	Leadership Course-Autumn	Virtual	
Wednesday	22	November	Leadership Course-Autumn	Virtual	
Thursday	23	November	Feeding Advisor Day	Hexagon Room	09:30-15:30
Tuesday	28	November	Surgical Study Day-nutrition/feeding/development	Virtual	09:00-15:30
Wednesday	29	November	Leadership Course-Autumn	Virtual	
Tuesday	5	December	Ventilation	Virtual	09:00-15:30
Thursday	7	December	Leadership Course-Autumn	Virtual	

Partnership with Families on Neonatal Units

- Positive, mutually respectful partnerships are established between staff and families, with families supported to become involved in their babies' care as primary caregivers
- From admission (or before in high-risk pregnancies anticipated to result in neonatal admission) families are supported and encouraged to be comfortable providing care for their babies
- Families are supported to be actively involved in ward rounds, daily care planning and decision-making
- Families have opportunities to give feedback about their babies' care while on the unit and after discharge
- Families' experiences and feedback are actively sought, to inform and improve the quality of services
- Technology and innovations are used to support family participation in care
- Local FiCare steering groups comprising families, parent advisory groups and members of the multidisciplinary team are established to drive improvement

As many of you are aware late 2021 saw the publication of the **BAPM Framework for FiCare**. BAPM identified 5 principles and we thought it would be a great idea to look at each of these principles over the year and focus on aspects of the principles. This way it really gives each and every one of your ideas and the knowledge to change unit cultures into that of FiCare.

March 3rd 2023 FiCare Study Day showed 100% of participants feeling confident to practice FiCare in their units.

Take away messages

- Powerful parent messages
- Supporting parents
- The power of communication
- Working together
- Empathy
- The "my baby"
- Insight
- Sending vcreate photos
- Partnership with parents
- Mindful of language

Ockenden review

"In response to the Ockenden review and subsequent funding the AHP and Psychology team have now had initial meetings with all units to develop AHP and Psychology roles across the region"

New Nutrition guidelines that have been ratified or developed since the last newsletter:

Parenteral Feeding of Infants on the Neonatal Unit- updated guidance on the use of standardised parenteral nutrition in preterm care. Guidance is compliant with current NICE and ESPGHAN recommendations on neonatal PN. There are also links to all of the version 12 prescribing/order forms.

Website link -

<https://www.eoneonatalpccsicnetwork.nhs.uk/neonatal/downloads/pn-guideline/>

Probiotics -

a new guideline outlining the rationale for the routine use of probiotics for preterm infants in all units across the network.

Website link -

<https://www.eoneonatalpccsicnetwork.nhs.uk/neonatal/downloads/probiotic-guideline/>

The use of human milk fortifiers post discharge -

a new guideline to support the use of HMF post discharge in infants receiving exclusive breast milk or breastfeeding at home. This guideline is currently out for consultation, with proposed ratification at the December COG. If you haven't had an opportunity to see this guideline and provide feedback, please email lyne.radbone1@nhs.net for a copy.

Special Care Study Day



11/10/2022



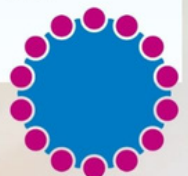
100% of participants would recommend the study day to a colleague

You said...

"More motivated than ever to provide a good service"



"Lots of things to take back to the unit and a new look at how to approach the discharge process with parents."



Thank you to all who joined us!