

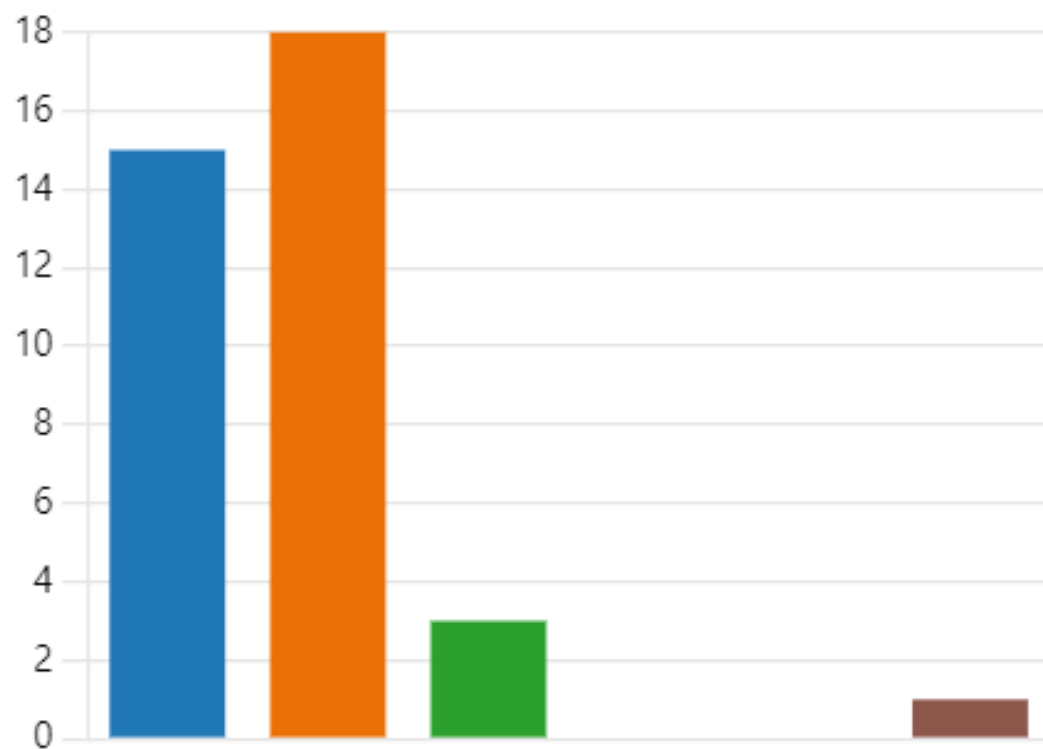
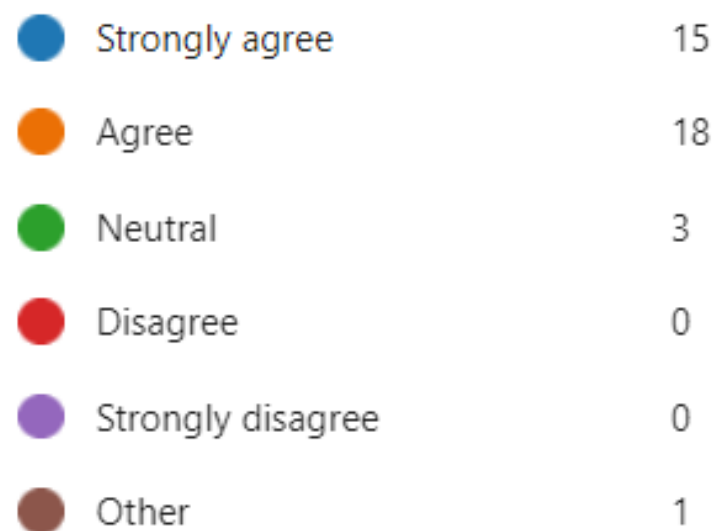


# FiCare Introduction

East of England Neonatal Operational Delivery Network

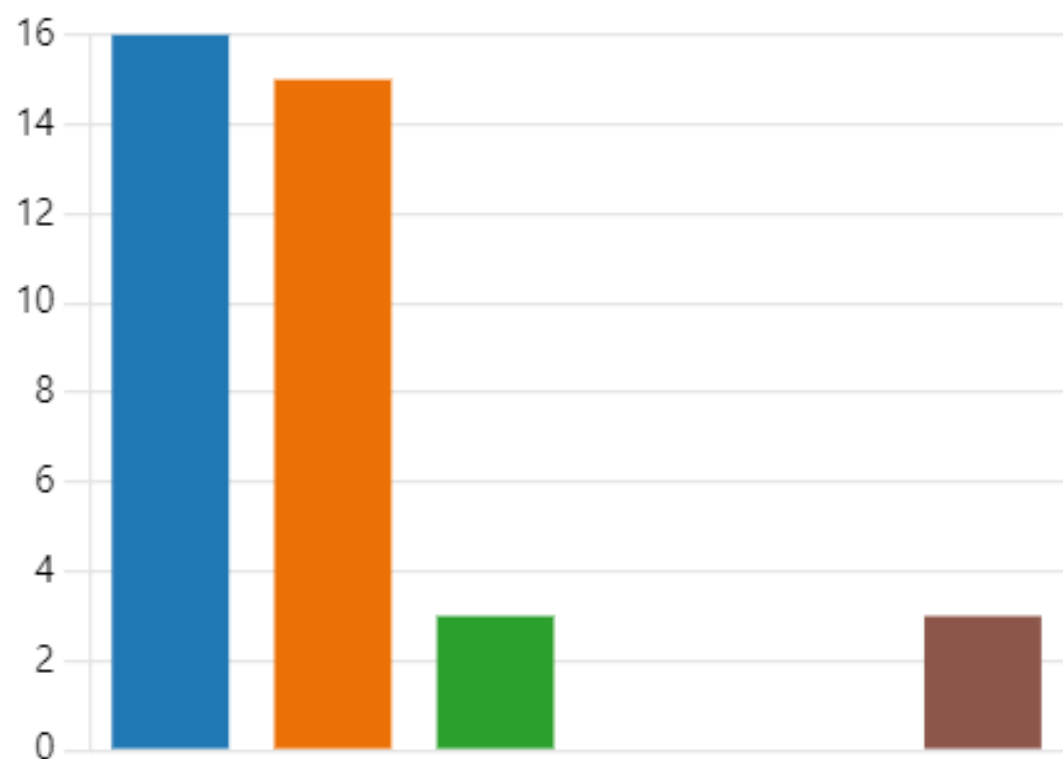
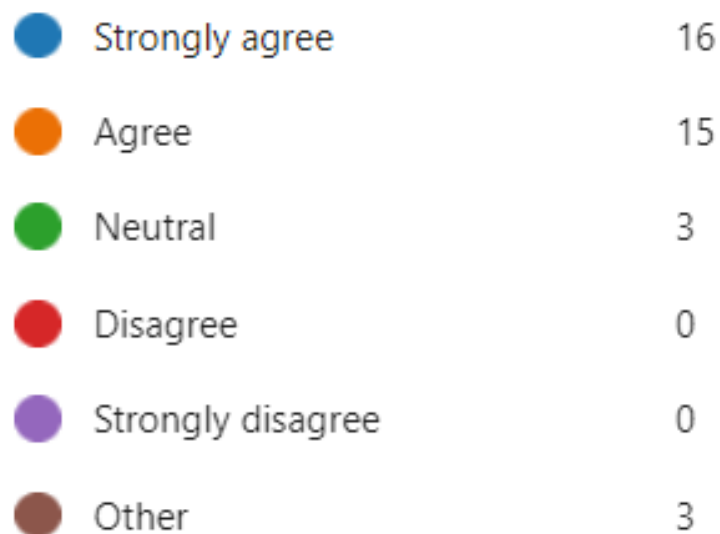
1. How much do you agree with the following? The day was about the right length. If disagree/Strongly disagree please explain why in Other

[More Details](#)



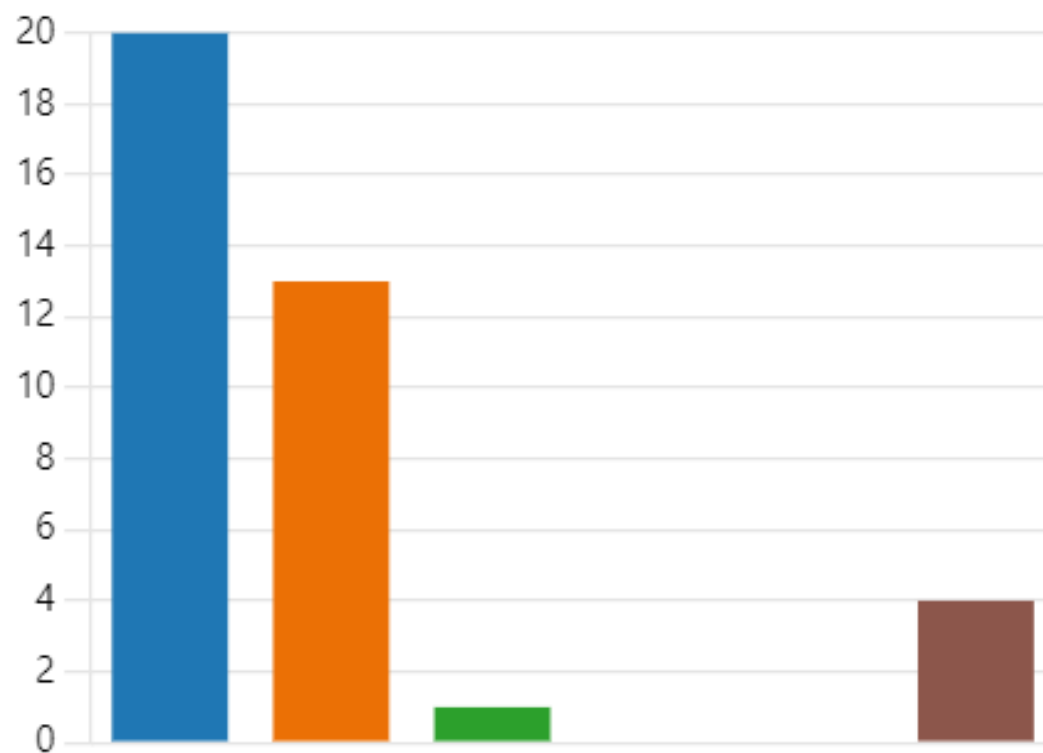
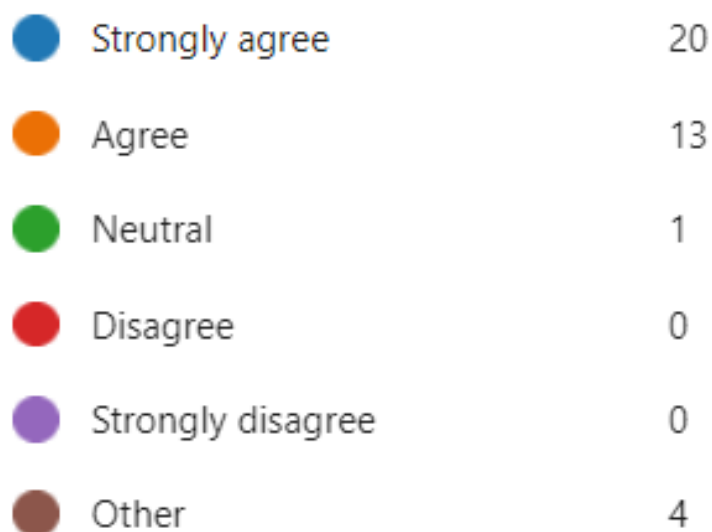
2. How much do you agree with the following? The day was well organised, I knew when and how to log on, and how to ask questions. If disagree/Strongly disagree please explain why in Other

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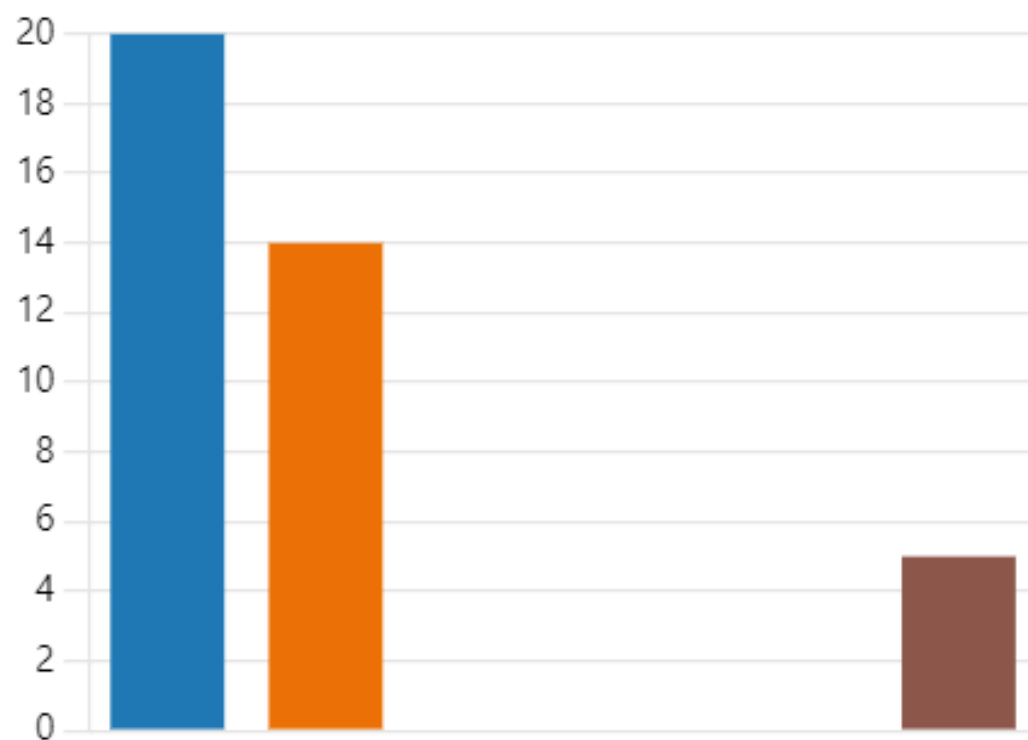
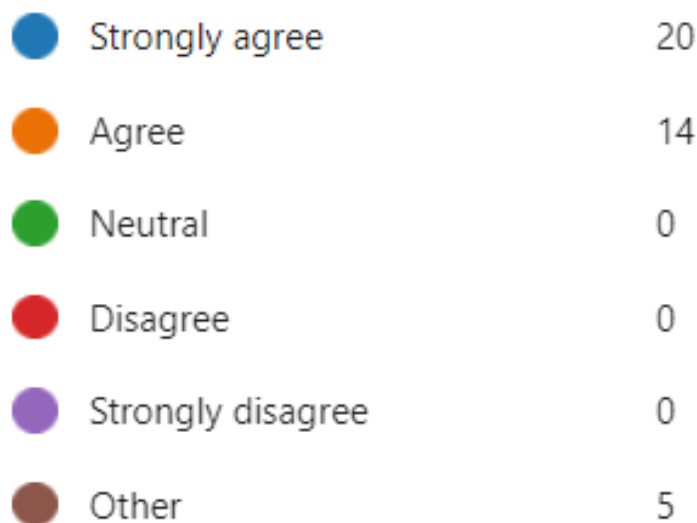
3. Considering Introduction to FiCare session, please indicate how much you agree with the following 'the content was appropriate and the delivery was excellent' Please explain in other

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4. Considering the Challenges for parents - a parents perspective video/session, please indicate how much you agree with the following 'the content was appropriate and the delivery was excellent' Please explain in Other

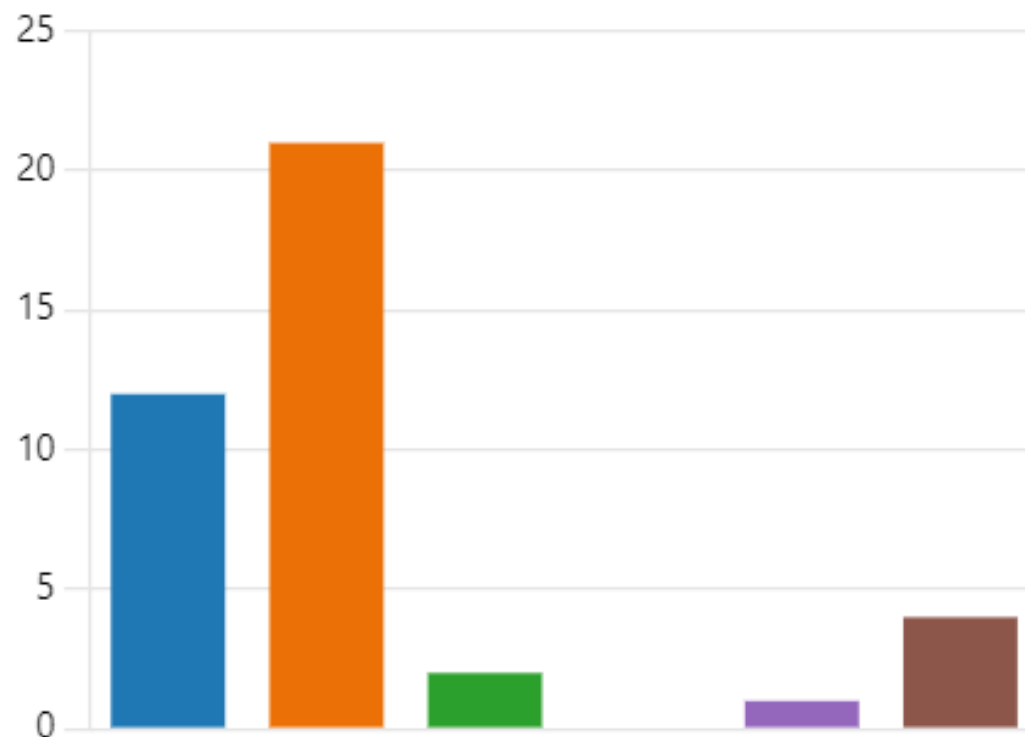
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5. Considering the An introduction to Bliss session, please indicate how much you agree with the following 'the content was appropriate and the delivery was excellent' Please explain in Other

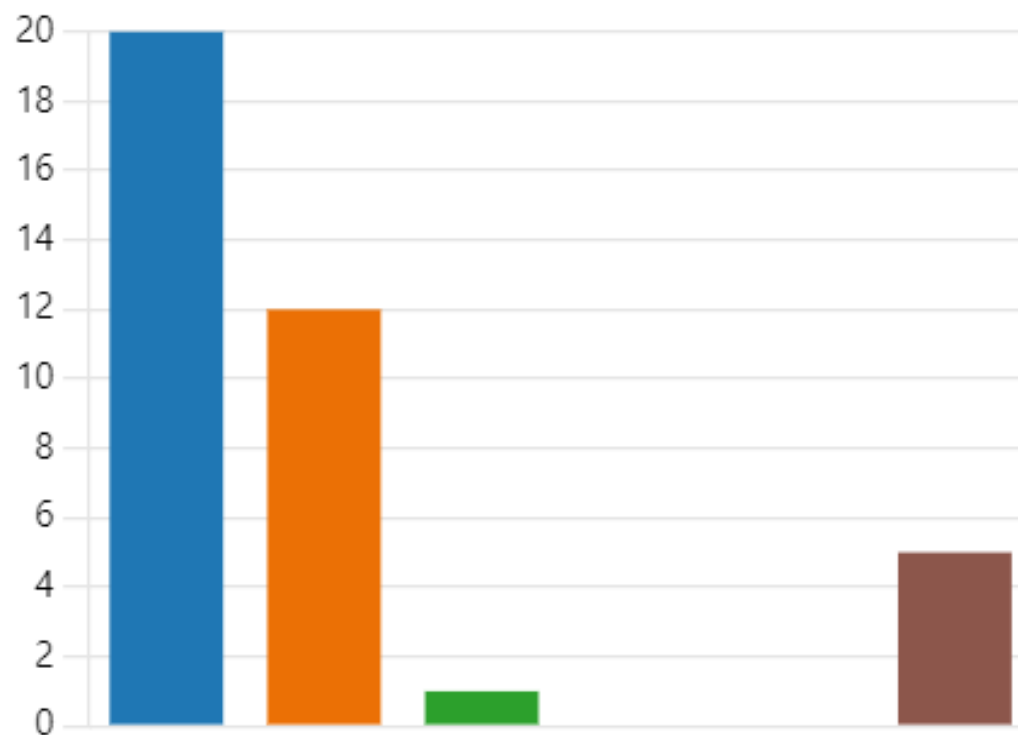
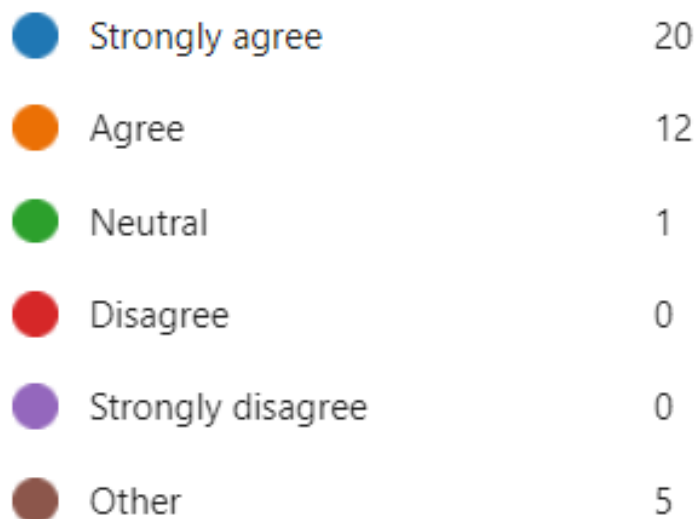
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● Strongly agree	12
● Agree	21
● Neutral	2
● Disagree	0
● Strongly disagree	1
● Other	4



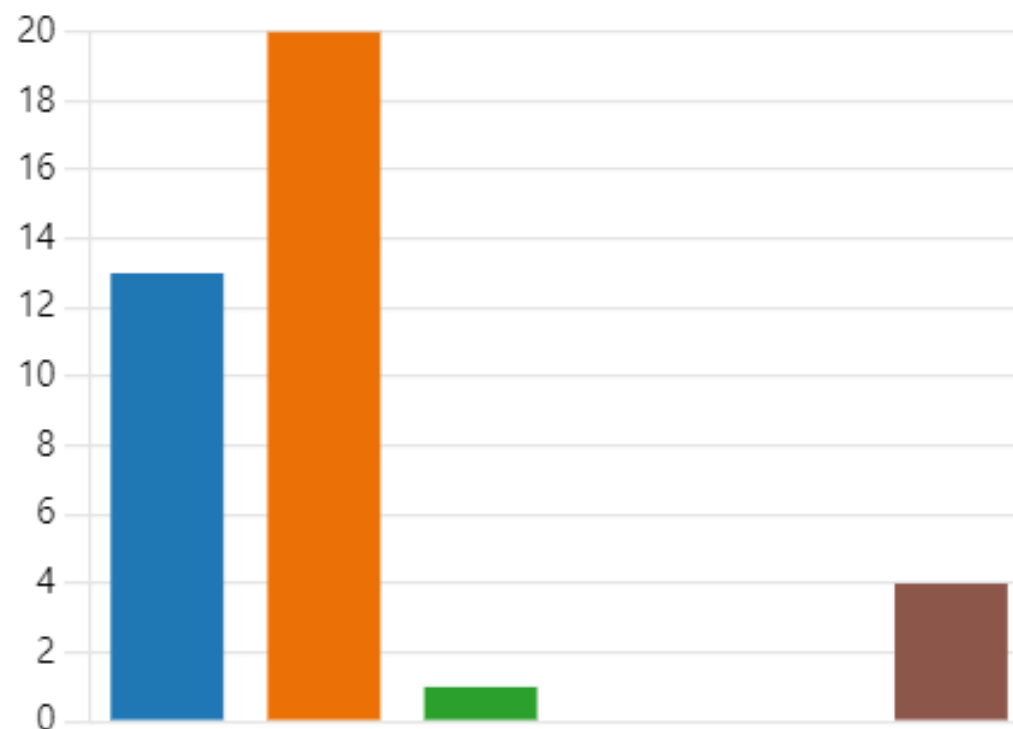
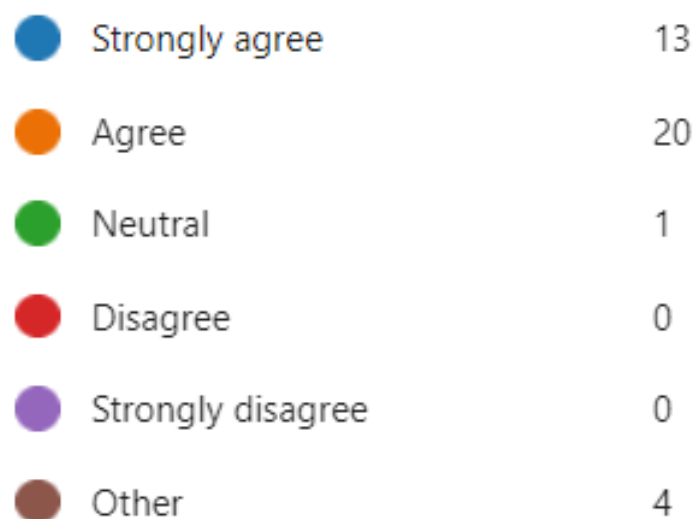
6. Considering the Support for Parents - Rainbow Trust session, please indicate how much you agree with the following 'the content was appropriate and the delivery was excellent' Please explain in Other

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7. Considering the Psychology session, please indicate how much you agree with the following 'the content was appropriate and the delivery was excellent' Please explain in Other

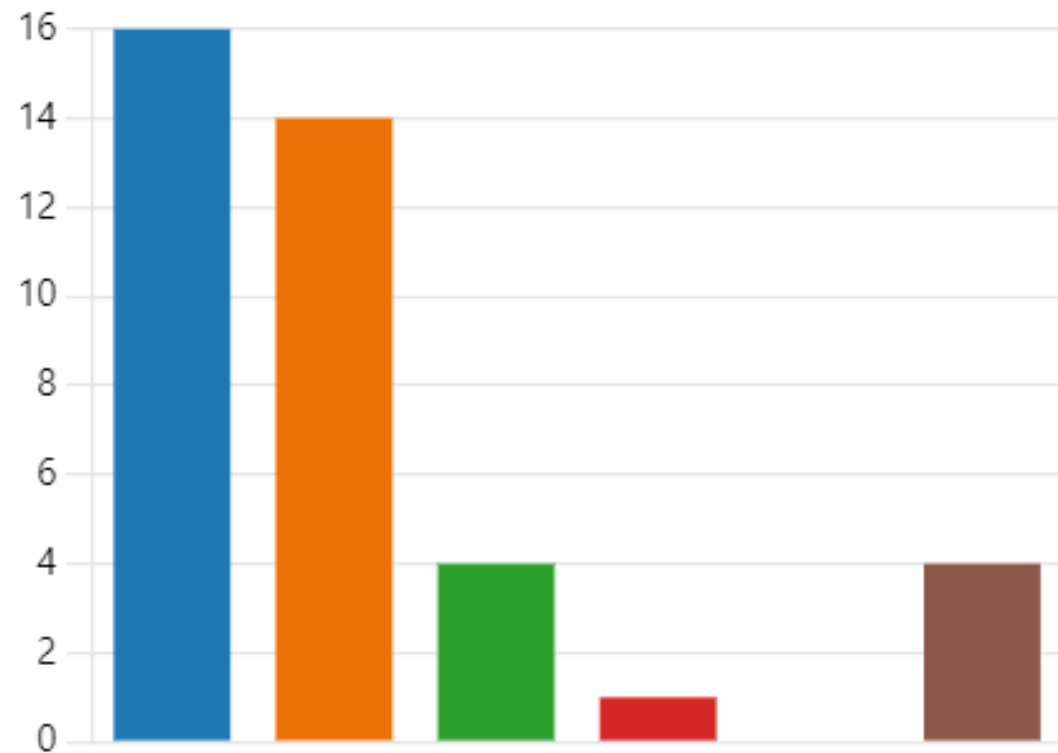
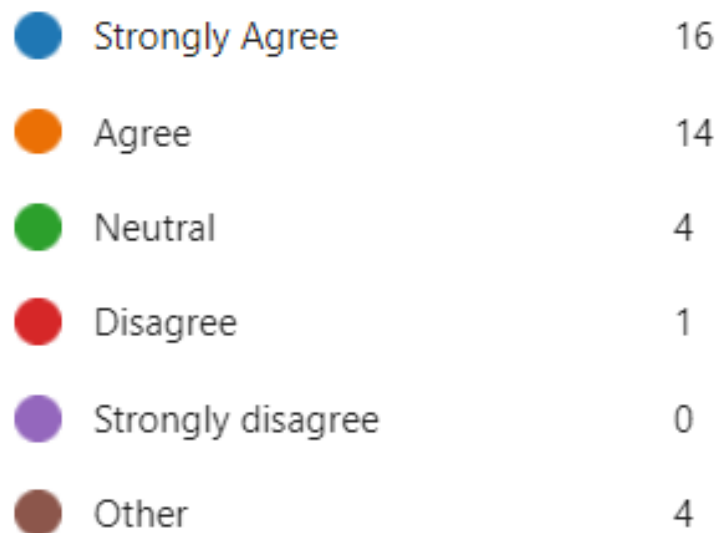
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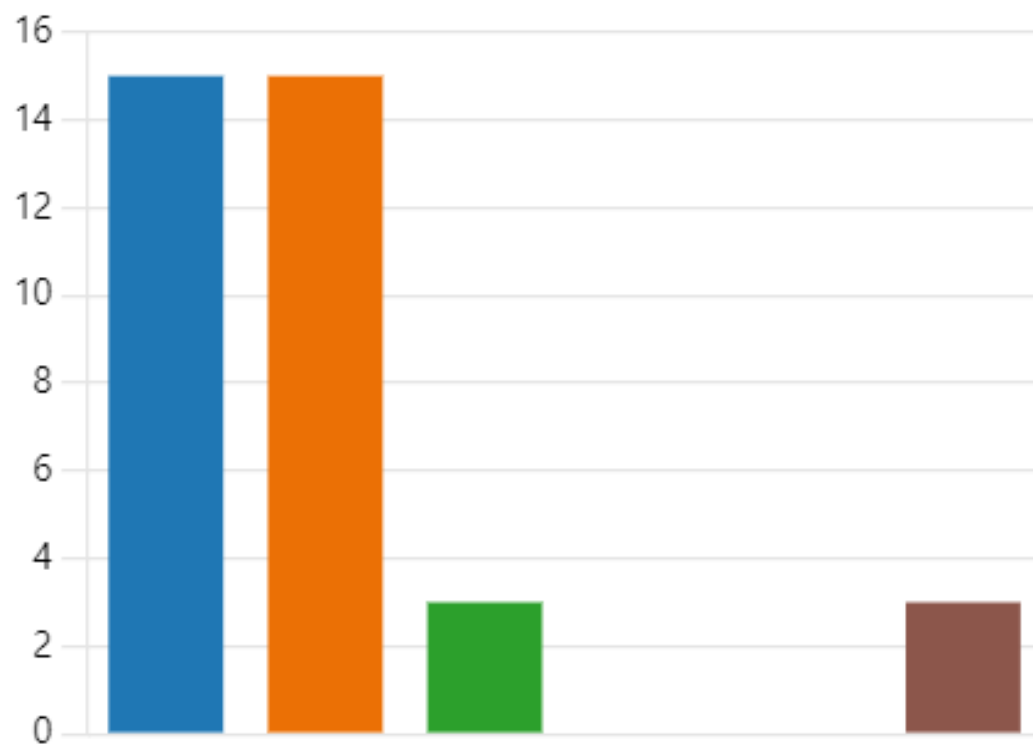
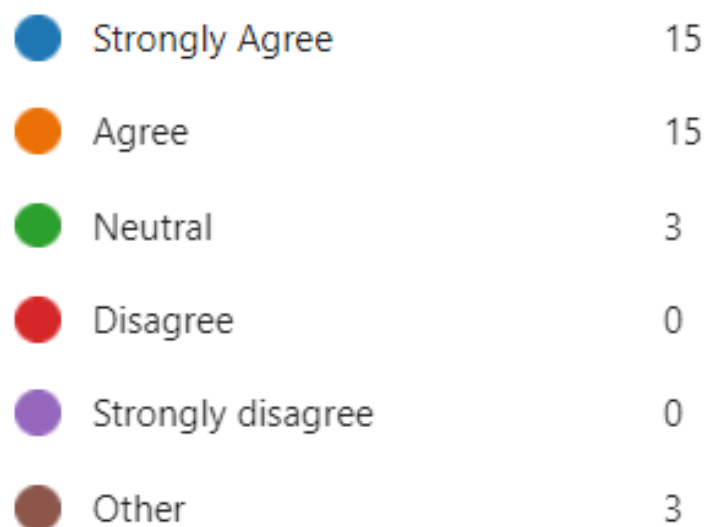
8. Considering the Little Journeys session, please indicate how much you agree with the following 'the content was appropriate and the delivery was excellent' Please explain in Other

[More Details](#)



9. Considering the BFI session, please indicate how much you agree with the following 'the content was appropriate and the delivery was excellent' Please explain in Other

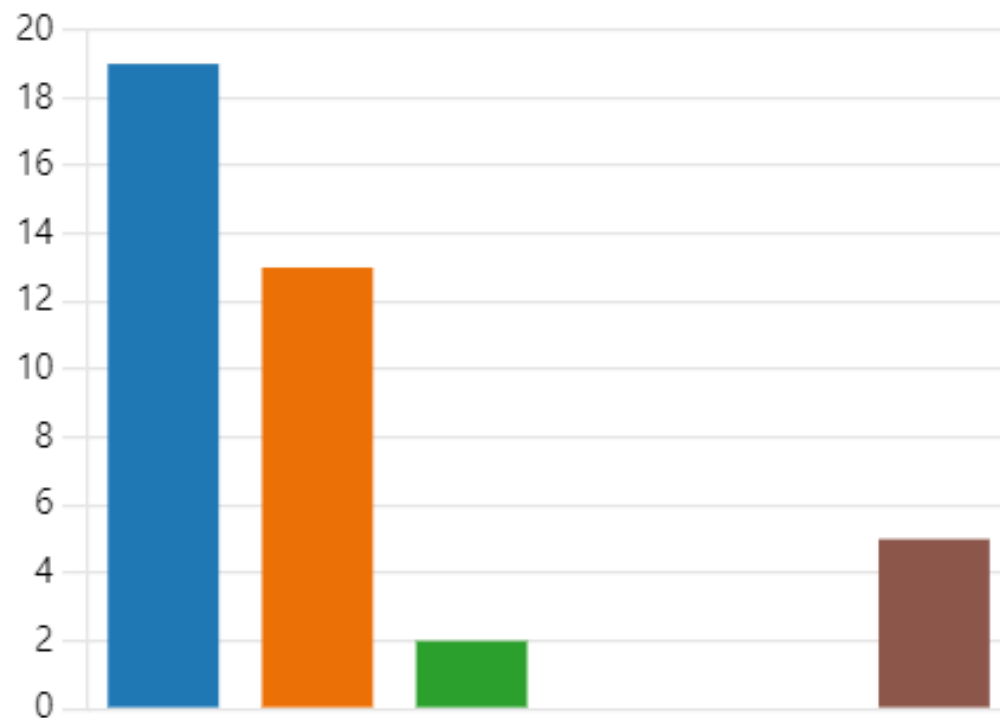
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10. Considering the vCreate session, please indicate how much you agree with the following 'the content was appropriate and the delivery was excellent' Please explain in Other

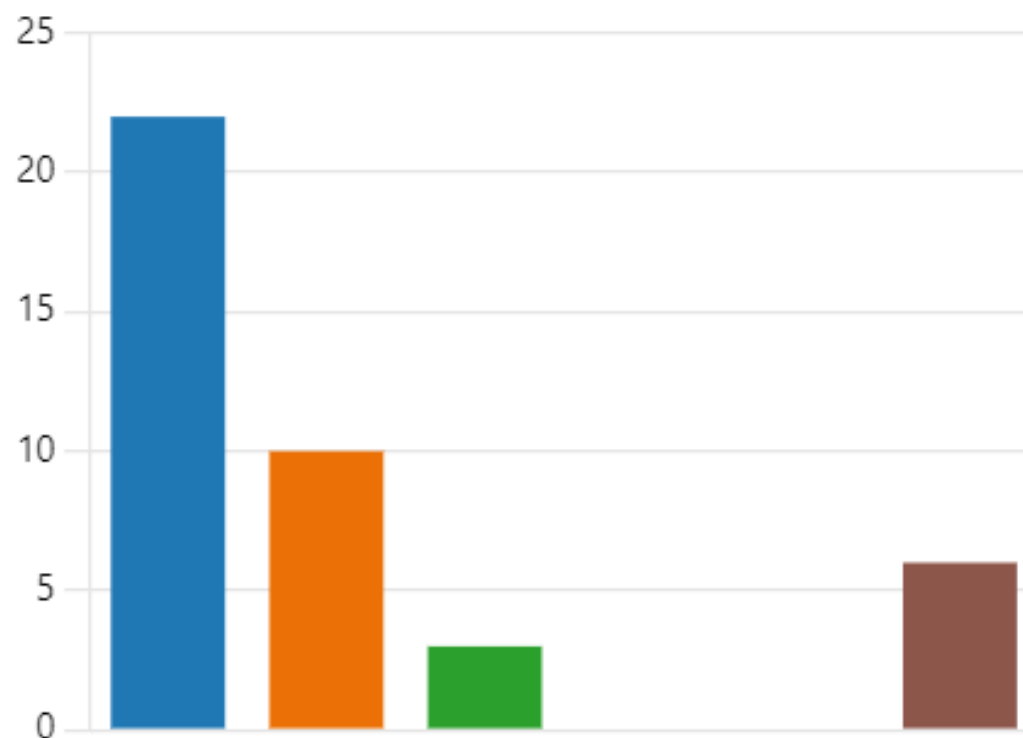
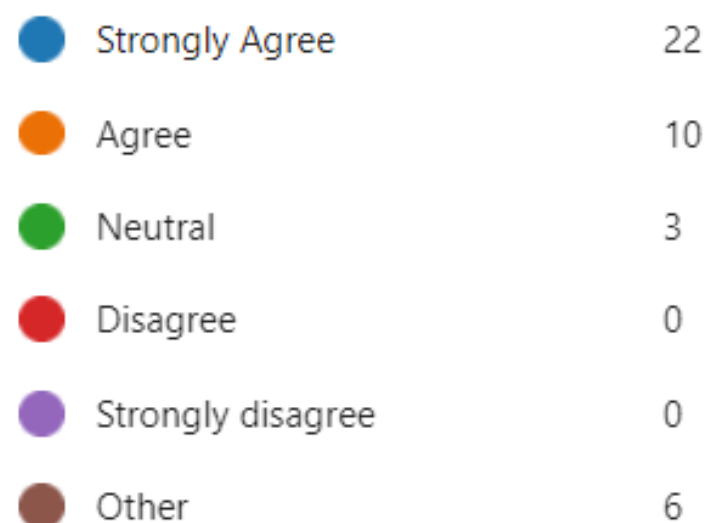
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● Strongly Agree	19
● Agree	13
● Neutral	2
● Disagree	0
● Strongly disagree	0
● Other	5



11. Considering the From Surviving to Thriving video/session, please indicate how much you agree with the following 'the content was appropriate and the delivery was excellent' Please explain in Other

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## 12. Did the day have enough breaks/ long enough lunch?

[More Details](#)

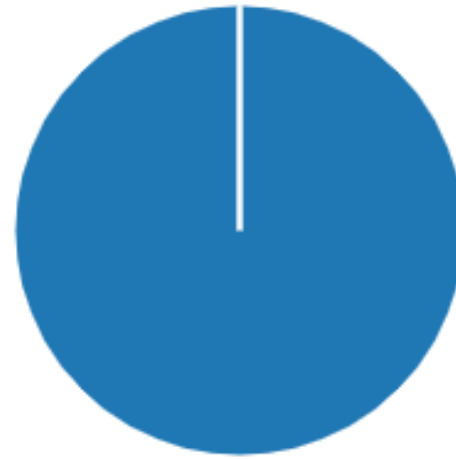
● Yes, 2 15 min breaks and 30 min...	27
● No, I would like a longer lunch	6
● No, I would like longer breaks	0
● No, I would like less breaks	0
● Other	2



### 13. I would recommend this study day to a colleague

[More Details](#)

● Yes	31
● No	0



## Did you learn something today that would change your practice?

- Rainbow Trust
- I will always bear in mind how I speak to parents, I thought I do it well anyway, but this has made me think I can do better
- Yes
- Parents as partners in care
- Yes, think parents and family
- I learned a lot and have a lot to find out about at work. Want to learn how to use Vcreate and see if we use the little journey app. It will make me think more about what I'm doing and about the families.
- Definitely! This has absolutely made me think about my practice and given me some underpinning knowledge and tools to use as a midwife looking after women on the postnatal ward
- The language I use-not saying 'my baby' for the baby that I have been allocated to look after
- Always think about the parents in everything I do. Strive to think about how I can make a difficult situation better
- Language used
- Listen. Do more FiCare in setting. Get parents involved more
- Words used to parents, parents and babies at the heart of our care. Learn about Vcreate
- The last session surviving to thriving was an excellent end, wrapping up all the information given today and the impact it can have on families
- No
- Yes. FiCare and how important it really is and what I say and to be careful with my wording. The Rainbow Trust and Vcreate sound very interesting
- The Rainbow Trust
- I have managed to get a better parent perspective and how my practice actually effects the parents. It was also interesting to find out about the Rainbow Trust and will definitely be passing it on as can be very useful for parents who need the additional help
- Not assume other people have told parents something, ask!
- Be more mindful of language used with parents
- I have got lots of information which I can implement during my practice in NNU
- I learned a lot today that I will take away for TC
- It was good to recap on the NHS ATAIN & Neonatal Critical Care Review as well as Bliss baby charter and baby friendly initiative
- Signposting parents to organisations for support
- I learnt so much, will make me re evaluate the care/support I give. One example will be communication with parents if they have been unable to go with their baby to another hospital
- Not 'my baby'. Think about my use of language and the impact on parents. I think it's because other members of staff say 'who's baby is this?' When parents aren't present.
- Being mindful of parents and give them a happy experience despite difficult situations

## Is there any further information you can provide that would have enhanced your study day experience?

- Offer more of this lecture all over the trust
- No
- A bit longer lunch but otherwise such a great study day with powerful stories encouraging me to better the way I look after families
- The day was great
- No, thank you
- Really enjoyed the day FiCare is so important and essential for the well-being of our families in their journeys to parenthood and beyond. There is a lot to work on here. I've enjoyed learning today
- More interactive moments. I get nervous talking in front of people I don't know so more group chat about different settings would be good
- Loved listening to Nadia Leake, absolutely stunning
- I think little journey needed a bit more explanation at the start, I didn't know what she was talking about until half way through when I realised it was an app
- More interaction throughout the group
- Learning of the Little Journey app was really useful and recapping the BAPM 5 principles was also very useful
- N/A
- No, I don't think so, a varied day. Very enjoyable. Many thanks
- Please stop saying 'pregnant people' it undervalues the struggles and sacrifices of women!